**Curriculum Vitae**

Occupational Therapsit , International Trainer

Personal information

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| Name | Israa Mahmoud Abd Albari |
| Gender | Female |
| Date of birth | 8-Sep-1988 |
| Social status | Single |
| Nationality | Jordanian |
| Majority | Occupational Therapy, Hashemite University 2006-2010. |
| Employee | * Technical manager at Learning Together centre, and head of Occupational Therapy department. Since 8/2022 * Training instructor with Hashemite University- at the National Center for Mental Health مستشفى الفحيص   3/2022-5/2022   * OTR at Cerebral Palsy Foundation. 9/2011-12/2021. * *Giving individual sessions,* * *Trainer of OT students from Hashemite university, and university of Jordan “since 2010”,* * *Giving different workshops at CPF.* * International Trainer * Vice President of the Jordanian society for Occupational Therapy, since (2015-2017). * 2nd alternate to the delegate of occupational therapy in Jordan (2015-2017). * Member of Administration Committee at the Jordanian Society of Occupational Therapy. Since (2013-2015). |
| Address | Al-yaduda- Amman- Jordan |
| Social media | Owner of:   1. **Facebook public group**: Israa Abd Albari “OTR” أخصائية العلاج الوظيفي 2. **YouTube channel**: Live Easier Occupational Therapy   العلاج الوظيفي |

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Career goals

1. Serve people with different difficulties, and enhance their quality of life.
2. Improve and enhance our presented OT services at the local community.
3. Help freshly graduated students to match their theoretical information with practice.

Education & Academic Qualifications

- Secondary school certificate from Al-yaduda secondary school 2006. GPA: 84.8%

- B.Sc of Occupational Therapy at 2010, from the Hashemite University. GPA: 3.16, very good average.

OT Training Areas

1. Markah Martial Hospital/ Mental Health Department.
2. King Hussein Medical Center; physical and pediatric Rehab. departments.
3. Al-basheer hospital – physical Rehab. Department.
4. National Center for Mental Health (NCMH).
5. Al-Hussein Society for The Habilitation/Rehabilitation of The physically challenged.
6. The International Center of Rehabilitation; pediatric setting.

Work Shops that I was attended and was awarded a certification and workshops that I was presented

1. 27/2/2024 – presented a workshop for 4th OT student at the University of Jordan – school of Rehabilitation Sciences, about assessment methods in pediatric sitting. Workshop title: “Therapist Eye Lens”
2. 27/12/2023- presented a workshop about “introduction of sensory integration” at Learning Together center
3. 6/11/2023- presented a workshop about “therapeutic communication skills” at Learning Together center
4. 14-16/8/2021 – presented a “comprehensive program of cerebral palsy” training course at CPF.
5. 21-23/2/2021 - presented a “comprehensive program of cerebral palsy” training course at CPF.
6. 12/2020 – hand nerves injury
7. 11/2020 – knee OA management
8. 24/9/2020 – Lower limb neurodynamic techniques
9. 8/2020 – Upper limb neurodynamic training
10. 2/2020 – ACL Management
11. 1/2020 – Sacroiliac Joint Dysfunction and Management
12. 11/2019 – Neck Pain Management Workshop
13. 11/7/2019 – Discharge process workshop
14. (23-27/6/2019) - Functional Rehabilitation Training course
15. 6/2019 – Research workshop
16. 4/2019 – First Aid Workshop
17. 1/2019 – Client Centered Approach Training
18. 13/1/2019 – Group Therapy Workshop
19. (4-8/8/2018) – NDT course.
20. (30/9-21/10)/2017 – TOT training course
21. (15-19)/8/2017 – NDT course.
22. 28/5/2016- introduced a theoretical and practical workshop of “Early intervention and multiple disability and visual impairment” – “8 hr”.
23. 18/4/2016- introduce a workshop entitled: “Early intervention and multiple disability and visual impairment” – (6 hr) - at CPF.
24. 3/12/2015 – lecture of Management of seating neurological clients – at CPF.
25. The owner of idea and the general coordinator for; *the first free medical rehabilitative day*. Which held in 26/11/2015 at CP school – Amman.
26. 14-15/9/2015 – introduce a SI workshop – (12 hr) - at CPF.
27. 13-15/3/2015 - Cranial osteopathy course- (24hr)- Al essra hospital.
28. 23-24/11/2014- Behavioral modification- (12 hr)- cerebral palsy school.
29. 9/12/2014 – introduce a workshop entitled: “Early intervention and multiple disability and visual impairment” – (6 hr) - at CPF.
30. 2-5/11/2014- Early intervention and multiple disability and visual impairment- (30 hr)- at visual training center "German Jordan university".
31. 28/2/2014- sensory reeducation after peripheral nerve injury- (8 hr)- at Ibn Al haytham hospital.
32. 17, 18, 24, 25,31/5 and 1/6 /2013 – Sensory Integration: Application to Practice; for (42 Hr). – Aman center for special education.
33. 13/5/2013 – presented a literature about “**Ergonomics**” in “king Hussein Cancer Center” – KHCC.
34. 5/5/2013 – participate through “**Golden Har syndrome**” in a scientific day at University of Jordan.
35. 21/3/2013 – presented a literature about **CP** in Al-Israa University.
36. 22/11/2011 – presented a literature about **CP** in University of Jordan.
37. 11/12/2010 – Infant Motor Assessment – Ibn Al-Haytham Hospital.
38. 2-15/6/2009 – Relaxation massage & introduction to soft tissue manipulation (36 hrs.) – HU.
39. 19-21/7/2009 - First aid course, from Hashemite University.
40. 15-16/5/2009 – PSG Special Seating programme – HU.
41. 11/8/2008 – Wheelchair seating and positioning for function – HU.

\*\*\* *Volunteer for (4 months) – at Cerebral Palsy Foundation 1/11/2010 – 1/3/2011.*

*\*\*\* Trainee at Al-Masar for child’s skill development, (4/4-15/5)/2011.*

*\*\*\*Temporary employee at Al-namothajyah school for special education,* *2-17/7/2011*

I’m professional & interested in:

* Soft tissue manipulation and myofacial release.
* Physical And pediatricRehab*.*; with different disabilities and diagnosis.
* Ergonomics*.*
* Stress & pain management.
* Designing assistive devices, modification of tools and environment.

Strong points

* Good communication skills “with team and clients”.
* Self-motivated and initiative.
* Hard and team worker.
* Work well under pressure.
* Arabic language is native, English language “v. good; speaking, writing, reading”.
* Excellent user of computer and internet

**::(( Available Upon Request))::**