Personal Information

Name:SHAHAD MHD WADAH ALMALLA

DOB: 5/9/1994

Nationality: syrian

Place of residence: Baghdad.Iraq

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**Education**

•MSc in Child and Adolescent Mental Health – Damascus

University (2018) – second year – on line preparing for the thesis entitled "Efficacy Of Cognitive Therapy Based on Acceptance and Commitment in a Sample of People with Depression"

•Bachelor of Psychology – Damascus University (2017) with excellent average – graduation project entitled "effect of internet ads in social media (Facebook) on the buying behavior in a sample of Damascus University students" **Experience:**

**Psychothrpist** **AL Bwaba AL Nafssya** Providing online consultations and psychological treatment on the psychological portal website and providing consultations **on my personal page** since nine monthes

**Psychothrpist: jiyan foundation for human rights**20222\5\**1**(until now)

Psychothrpist long term outpatient treatment including group and individual therapy.

**Psychologist – Al-Hadi developmental charity)2019-2017(**

Target audience: fatherless children and adolescents and their mothers

Description:

-Provide psychological crisis support and Psycho-social counseling

sessions individual support to mothers after their husbands are dead or absence.

-Individual guidance for children and adolescents about major problems such as helping them to be accustomed to father absence,

improving relationship with mother, peers and friends, hyperactivity, handling with stealing and lying, etc. -Referral of clients to physiatrist or specialized programs or institutions for further psychosocial support or treatment if needed.

-Group educational guidance for female adolescents through activities.

-managing and impart confidential information.

-Participates in Training mothers and workshops to developmental

stages of children and behavioral problems and ways of dealing with them using interactive educational methods (mutual education, Q&A, presentations, etc.)

-Following up the educational status and participates in educational

programs, of children with their teachers especially cases of the educationally retarded and setting plans to improve their level.

-Consulting with staff to develop diagnoses and treatment plans in accordance with the needs of their patients.

-Knowledge of psychological test administration, scoring, and interpretation.

-Coordinating with other organizations, for example, Syria Trust for

Development, to do common activities with other children and integrate them into different groups of society.

-Making annual psychological assessment of the cases, collecting

new information ,editing and analyzing data)

-Applying Social & Financial Education Program for children (10–

13 .)The programs aims at encouraging children to participate in

leading social and financial activities such as organizing social campaigns, setting up saving systems and launching small financial

Institutions.

**MHPSS Facilitator at sheltering centers – Syrian Society for Social**

Development)2017-2013( –

Target audience: children, adolescents, mothers.

**Description:**

-Experience in Counseling sessions individual and support children who have Post-traumatic stress disorder using ( 4Rs technique.)

-Develops training materials and workshops with staff. -Communicating, updating and collecting information on returnees and potential.

-Interviewing and psychological/developmental evaluation for mothers and their children.

-Doing kinetic activates and games.

-Facilitating psychological awareness activities and ability observe, assess, and record symptoms, reactions, and progress throw the activities.

-Evaluate the progress of therapeutic programs and to make individual modifications.

-Doing Sexual education and protection activities against harassment.

-preparing and maintaining patient records

-Group guidance for mothers about dealing with their children. -Motivating mothers to attend workshops and vocational education courses held by the society.

-Facilitating and planning for outdoors trips.

-Following up the medical project by collecting information about the beneficiaries and coordinating with doctors and hospitals for treatment and following up recover and effectively communicate medical information, test results proposed treatment in a manner easily understood by the client.

-Applying "I deal" guide which includes five sections; me, us, family, peers and future.

-Facilitating awareness activities about gender-based violence for mothers.

-Setting up monthly periodic and semiannual plans and programs and preparing appropriate tools for them.

**Skills trainer – Child Rights Society (the Bee Way Project) – (2018 – 9months)**

Target audience: children without parental care Description:

-Facilitating psychological awareness activities.

-Doing art activities including drawing, painting, cutting and pasting in order to develop optokinetic interaction.

-Organizing quizzes including puzzles and questions in order to increase information and culture and develop team spirit.

-Doing activities about body and dental hygiene.

-Presenting and discussing a meaningful movie or series (cinema

day activity.)

-Helping children to develop their skills and interests by dividing them into groups accordingly.

**Volunteer (2017 – 4 months) – Al-Namaa Association**

Target audience: fatherless children Description:

-Applying psychological activities and building abilities and skills of children.

**Volunteer – (2015 – 6 months) – Nourid An Nafrah Association** Description:

-Facilitating sexual awareness activities and protection against harassment.

-Using puppet theatre as a tool of awareness.

**Volunteer – (2017 – 3 months) – Oxfam Organization**

Target audience: children in Damascus schools Description:

-Participating in "a drop makes a difference" campaign to rationalize water consumption by using theatre and storytelling.

-Teach children to express their awareness about saving water by using drawing and painting.

**Courses and workshops**

**9PSYCHOTRAUMATOLOGY ,TRUMA PEDAGOGY AND TRUMA COUNSELING FROM** MAY 2022 TO NOVEMBER 2023

1. **.Principles of Cognitive Behavioral Therapy CBT – Cerebral**

**Palsy Organization** – Damascus – 4 days 2019

1. **.Narrative Exposure Thearpy TO NOVEMBER NET – Restart**

**Center for Rehabilitation of Victims of Violence and Torture – Beirut- Lebanon** – 5 days 2018

1. .C**ase management of gender-based violence – GOPADERD** – Saydnaya – 5days 2018
2. .**Training of Psychological First Aid - Syrian Society** for

Social Development – Damascus – 2 days 2017

1. .**Training of facilitators for the "a drop makes a difference" campaign for saving water for children - Syrian Enterprise and Business Centre** – Damascus – 5 days 2017

6**" .Life street" training for children at risk – Mobaderoon**

**Organization –** Damascus – 3 days 2016

1. **.Training of facilitators for Social & Financial Education**

**Program "Aflatoun" – Mobaderoon Organization–**

**Damascus** – 5 days 2017

1. **.Sexual awareness and protection against harassment–**

**Nourid An Nafrah Association** – Damascus – 3 days 2015

1. .**Nonviolent Communication – Damascus University–**

**Damascus –** 7 days 2017

**10.Gender-based violence campaign – IMC – Damascus – 5 days 2017**

11.**Gender-based violence – IMC – Damascus – 5 days 2016**

**12.Steps of right relationship with beneficiaries – Syrian**

**Society for Social Development – Damascus –** 3 days 2016

**13.Childhood protection – Syrian Society for Social**

**Development** – Damascus – 3 days 2015

**14.trannig in truma -Arpil-6 days-2022 Researches and prize**s:

-Experience certificate as a Psychologist from al Al-Hadi developmental charity)2019-2017(

-Experience certificate as a MHPSS from Syrian Society for

Social Development)2017-2013( –

-Family atmosphere in the absence of the father and its relationship to psychological compatibility among a sample of orphans at the Al-Hadi Charity (an analytical descriptive study) in Damascus 2019

-Researches on Posttraumatic Stress Disorder (PTSD), Attention-deficit/hyperactivity disorder (ADHD) and depression in children – Damascus University 2019 -Effect of internet ads in social media (Facebook) on the buying behavior in a sample of Damascus University students in Damascus 2017

-Burnout and its relationship to job satisfaction among a sample of psychological counselors in Damascus schools–

Damascus University 2016

-Effect of wars on children – Damascus University 2013 -Al-Basel prize for outstanding students for three successive years 2013-2014-2015 – Damascus University

**Skills**

Languages

**Arabic** (mother tongue)

**English** (very good)

Computer

Microsoft Office (Word, Excel, PowerPoint, Outlook)

**References**

**Jinan Hussien**

Center manager of jiyan foundation for human rights

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**D.Natik al kubissi**

Clinical supervisor

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